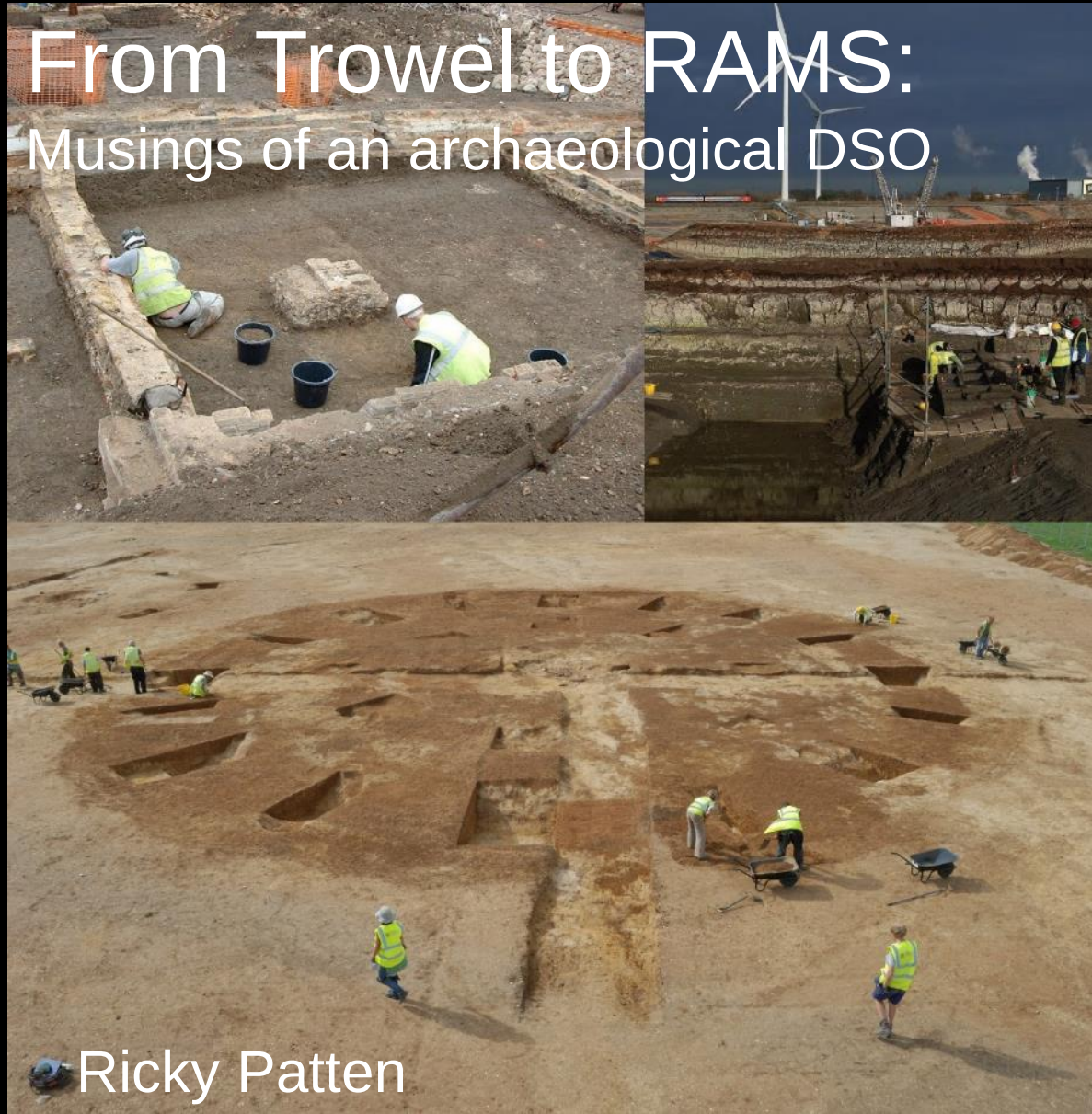


From Trowel to RAMS: Musings of an archaeological DSO



Ricky Patten



CAMBRIDGE
ARCHAEOLOGICAL UNIT



UNIVERSITY OF
CAMBRIDGE
Department of Archaeology

Cambridge Archaeological Unit

part of the

Department of Archaeology

a commercial field unit

working within the construction industry

When we think of archaeology,
think of a site in a far-flung part of the world,
in a remote or semi-remote areas



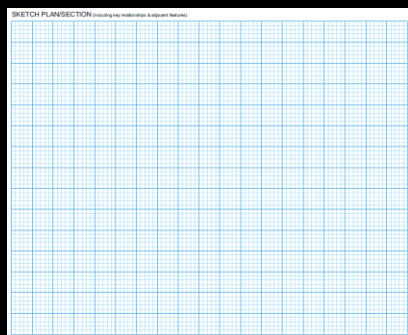




Working with tools that include trowels,
brushes, recording on sheets
and drawing plans or sections





CAMBRIDGE ARCHAEOLOGICAL UNIT

Working in the outdoors
in pleasant weather









LOW RISK!
with few hazards,
except maybe...



Commercial archaeology is
linked to the construction industry,
working in advance of development









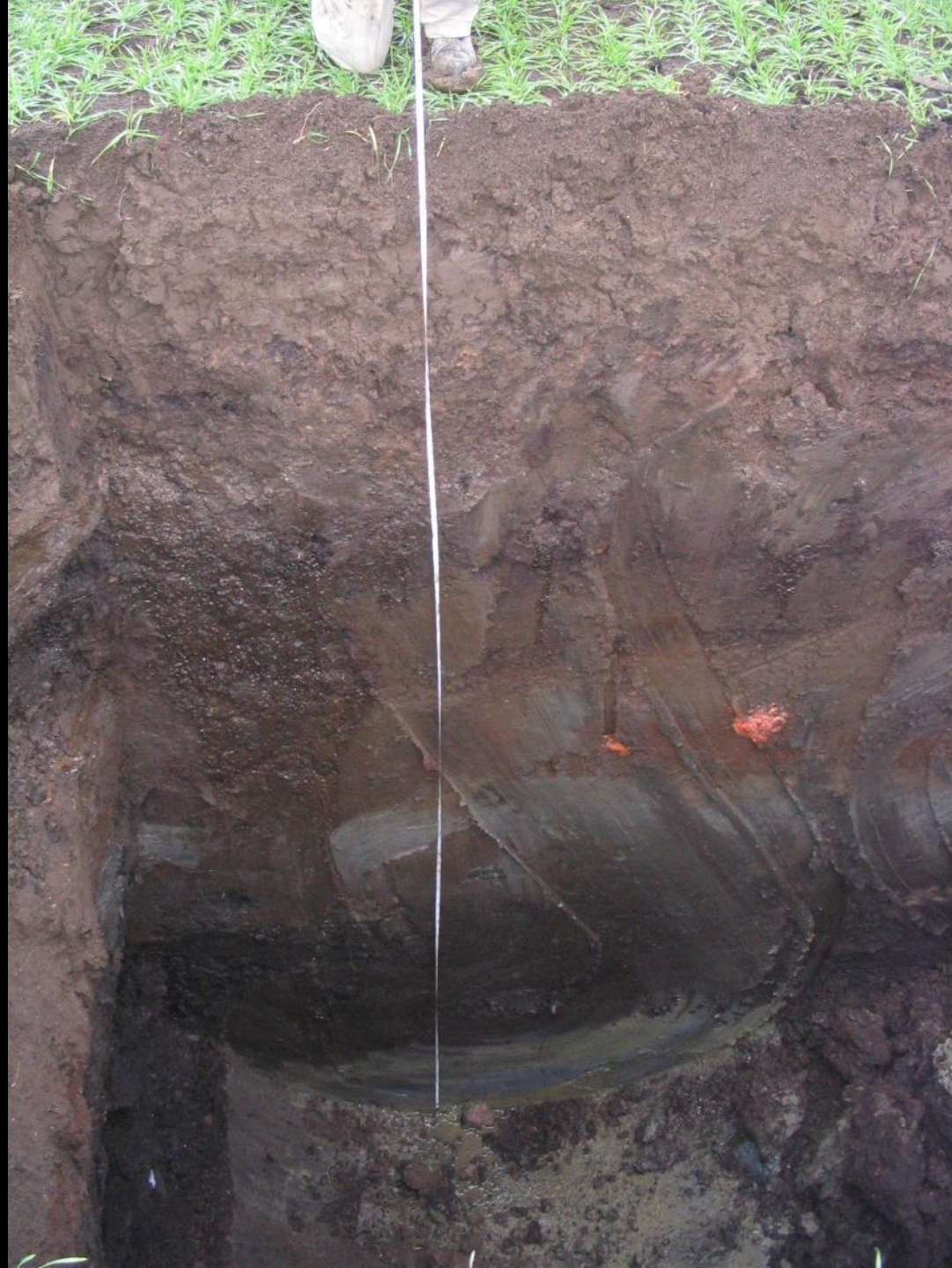


The environment can vary greatly...

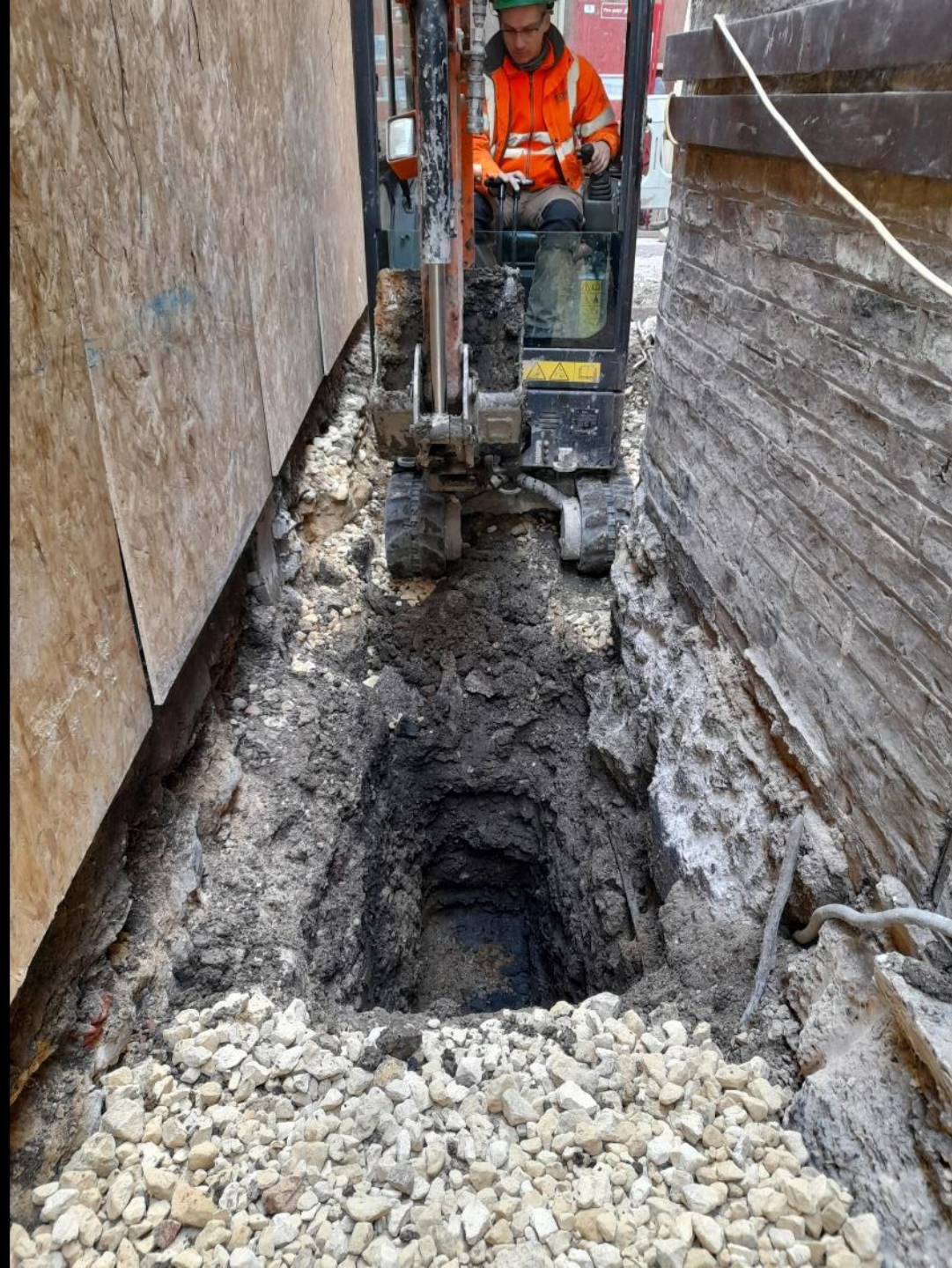












Weather can sometimes be factor...









As a DSO I now find
a lot my time revolves around...

Risk Assessment and Method Statement (RAMS)



1



2



3



4



5



6



7



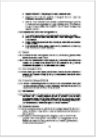
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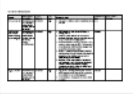
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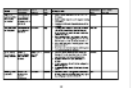
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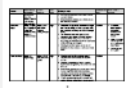
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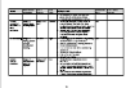
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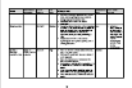
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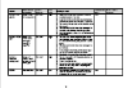
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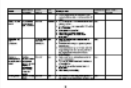
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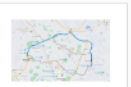
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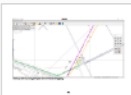
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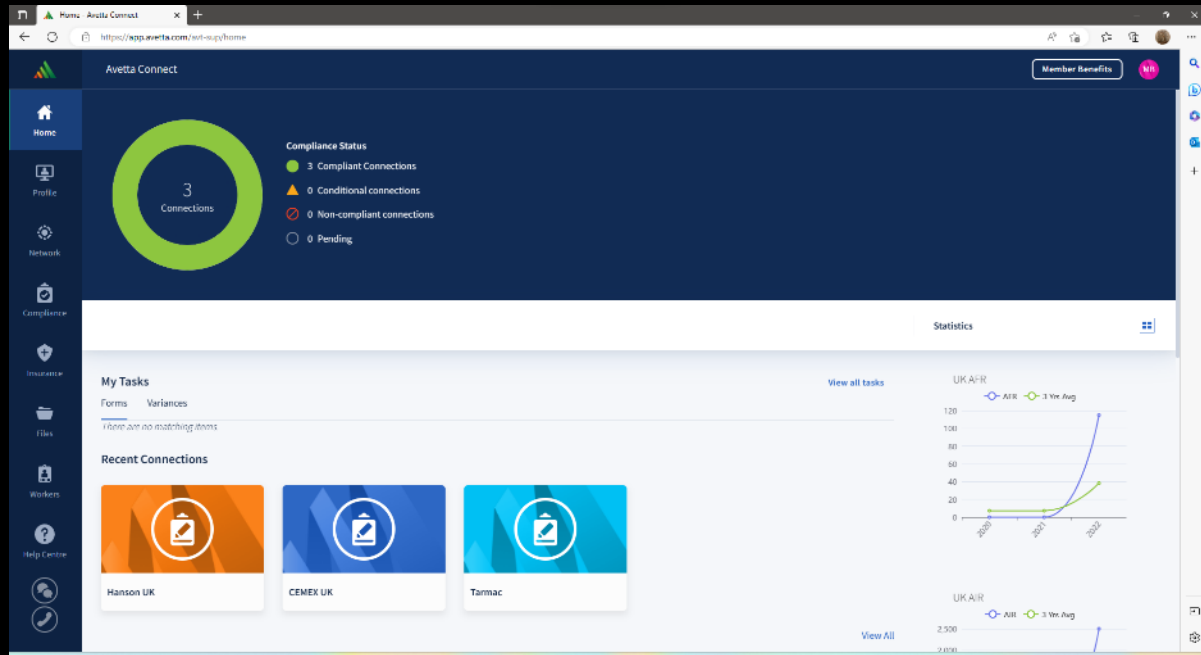
37



38

We produce RAMS for a variety of projects:

- Trench based evaluations
- Large open area excavations
- Monitoring below-ground works



Home

Profile

Network

Compliance

Insurance

Files

Workers

Help Centre

Avetta Connect

Member Benefits

3
Connections

Compliance Status

3 Compliant Connections

0 Conditional connections

0 Non-compliant connections

0 Pending

My Tasks

Forms

Variances

There are no matching items

Recent Connections

Hanson UK

CEMEX UK

Tarmac

Statistics

View all tasks

UK A/R

A/R

3 Yr Avg

2020

2021

2022

0

20

40

60

80

100

120

UK A/R

A/R

3 Yr Avg

2,500

2,000

View All

2,000

My CHAS Membership Portal

My CHAS - the CHAS Member

Matthew Brudenell
(mattbrudenell@chase.co.uk)

🔔

?

🔄

Dashboard

Company Details

My Assessments

In Progress (2)

Complete (1)

My Documents

Log out

Assessment

	In Progress	Being Assessed	Complete
Health & Safety Deemed to Satisfy	In Progress		
Insurance Self Certify	In Progress		
Financial Self Certify	Complete		

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Need help? [admin@chas.co.uk](#) ☎ 0343 521 9111

Avetta Connect

Member Benefits

Compliance Status

- 3 Compliant Connections
- 0 Conditional connections
- 0 Non-compliant connections
- 0 Pending

3 Connections

My Tasks

Forms Variances

There are no matching items

Recent Connections

- Hanson UK
- CEMEX UK
- Tarmac

Statistics

View all tasks

UK A/R

2020 2021 2022

UK A/R

2,500 2,000

My CHAS

Matthew Brudenell (mattbrudenell@chase.co.uk)

Dashboard

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- Insurance Self Certify

Complete (1)

- Financial Self Certify

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Log out

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Health & Safety Deemed to Satisfy	In Progress		
Insurance Self Certify	In Progress		
Financial Self Certify	Complete		

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Professionally Qualified Person

Apply for CSCS cards

Types of cards

Professional Qualification

CONSTRUCTION SKILLS CERTIFICATION SCHEME

FIRSTNAME SURNAME

PRO ID: 00000000

EXPIRY DATE: Sept 20XX

PROFESSIONALLY QUALIFIED PERSON

This card is available to competence assessed members of CSCS approved Professional Bodies.

IN THIS SECTION

- Applying for CSCS cards
- Covid 19
- Industry Accreditation
- Types of cards
- Renew a card
- Employer applications
- Replacing a CSCS card
- My CSCS & virtual cards
- Industry Placement Card - Support Page
- Changing your personal details
- Ways to check a card
- CITB Health, safety & environment (HS&E) test

Avetta Connect

Member Benefits

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3 Connections

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Forms Variances

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- CEMEX UK
- Tarmac

Statistics

View all tasks

UK AFR

2020 2021 2022

UK AFR

2,500 2,000

MY CHAS

Matthew Brudenell (matt@brudenell.co.uk)

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In Progress (2)

- Health & Safety Deemed to Satisfy
- Insurance Self Certify
- Financial Self Certify

Complete (1)

Log out

Assessment	In Progress	Being Assessed	Complete
Health & Safety Deemed to Satisfy	In Progress		
Insurance Self Certify	In Progress		
Financial Self Certify	Complete		

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Professionally Qualified Person

The Official site for the Construction Skills Certification Scheme

CARD FINDER HS&E TEST CSCS SMART CHECK

Applying for cards

Applying for CSCS cards

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FIRSTNAME SURNAME

REG NO: 00000000

EXPIRY DATE: Sept 20XX

PROFESSIONALLY QUALIFIED PERSON

This card is available to competence assessed members of CSCS approved Professional Bodies.

Linesearch beforeUdig

Welcome to LinesearchbeforeUdig

Protecting Lives, Lubricate and Repair

Accessibility Settings Account Log Out

Details

User ID: 180357

Name: My Ricky Pottin

Company: Cambridge Archaeological Unit

Address: 156 Kings Way Cambridge Cambridge CB3 0DT

Phone: 01223 327880

Email: rp1757@cam.ac.uk

Enquiries

Create a new enquiry

New Enquiry

Search and view previously submitted enquiries

History

Select	Enquiry ID	Job Submission date	Job Submission
Select	28885860	01/03/2023 - 09:17:29 am	RBF23
Select	28257594	23/01/2023 - 08:50:45 am	RBF23
Select	27030754	27/05/2022 - 18:42:38 pm	H0322
Select	25525660	04/05/2022 - 16:56:33 pm	Asphalt Road Deliveries
Select	24002740	13/01/2022 - 16:50:20 pm	070072

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Help

LAND ROVER EXPERIENCE

Lantra 4x4 Off Road Driving





MOLA Manual Handling Training

Course Aim:

To enable delegates to carry out handling techniques correctly to help prevent injury.

Learning Outcomes:

Regulations: What is required

Manual Handling Activities – Defining basic physical actions in manual handling.

Factors that cause problems – Identifying factors that create the problems in manual handling.

Outcome of poor manual handling – Acute injuries and chronic health problems.

Dynamic Risk Assessment – T.I.L.E.

Kinetic Handling Techniques – Practical demonstration including pushing, pulling, lifting, lowering, and carrying.

Adapting technique to specific problems and situations.

Team Lifting.

Techniques for back care – including MOLA warm-up for work scheme and warm-down tips.

Assessment Criteria:

Completion of a pre-course assessment prior to training to identify current knowledge, a question paper at the end of the training session and a post-course assessment to reinforce the training in a pragmatic style.

All with the backing,
support, and resources of the University

Safety Office

[Home](#)[Policies and guidance](#)[Subjects](#)[Training](#)[Risk assessment](#)[Audits](#)[Other health and safety](#)[Latest information](#)[Contact us](#)[HSD016M University Health & Safety Policy](#)

Safety Office at Greenwich House

1 of 2

Message from the Director - Dr Martin Vinnell

Welcome to the Safety Office section of the Occupational Health and Safety Service (OHSS). This is a central resource of the University that is here to support all the varied aspects of our research and teaching. My staff have an impressive number of years' experience in their fields of expertise and a breadth of knowledge that enables them to advise on almost every aspect of health and safety in your departments and institutions. I believe that we provide a service which offers realistic and practical solutions in support of all the varied aspects of our work.

Our task is to contribute to the success of the University through the promotion of a safe and healthy place to work, study, visit and enjoy and accordingly, it is our mission:

“to assist all sectors of the University in managing health and safety, by delivering professional services in support of our core goals of teaching and research and operational needs.”

Quick Links

[Health and Safety Policy](#)[Postgraduate Safety Training](#)[Accidents & Incidents](#)[Biologicals](#)[Human Tissue Act](#)[Buildings and Construction](#)[Chemicals](#)[Colleges](#)[Committee Minutes](#)[Travel Safety](#)[Fire](#)[First Aid](#)[Radiation](#)[Safety Appointments and Payments](#)[Workplace](#)[Communicable Diseases \(Inc Covid-19\)](#)



University of Cambridge

Occupational Health and Safety Service

**A training session on the General
Safety Principles of Risk
Assessment, Working in Trenches
and Excavations, Confined Spaces,
Manual Handling, Lone Working,
Working at Height, and Managing
and Treatment of Head Injuries.**

**Specifically written for Cambridge
Archaeological Unit.**

5 October 2021

[Redacted signature]

Dr M Vinnell
Director of Occupational Health and Safety

Ricky's Home Page

 Search for an Assessment

Module

 Manage and view your Assessments

Module

 Report an Accident / Incident Search for an Accident / Incident

Your Notifications

You have been sent 2 notifications from AssessNET in the past 30 days

View Notifications

Statistics

Settings

Dashboard

Your Tasks

	Overdue Tasks	0
	Today's Tasks	0
	Tasks Due in the Next 14 Days	0
	All Outstanding Tasks	0

Accident / Incident Reporting

	Total Incidents for 2023	1
	Incomplete Incidents	0
	Incomplete RIDDORs	0
	Incomplete Investigations	0
	Incomplete Portal Records	1

Latest News

More News



Development Additions - Sprint 40 Release Notes

Throughout our development Sprint 40 cycle, which ran from 15/02/2023 to 01/03/2023, the following changes have been added: Incident Reporting: - Updated permission system so



And now I am becoming more involved
in projects around the world...



Nigeria: Travel Advice

