Risk Assessment Health
Health Safety Risk
Safety Risk Assessment
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Guidance

December 2020

# **Departmental Safety Committees**

**Occupational Health and Safety Service** HSD212M

Health Safety

Risk Assessment Health Risk Assessment

Of UNIVERSITY OF RISK Assessment
CAMBRIDGE

### Introduction

Safety Representatives and Safety Committees Regulations 1977 (as amended) and Health and Safety (Consultation with Employees) Regulations 1996 (as amended) place a duty on employers to consult and involve their employees on health and safety matters.

Heads of Institution/Department/Faculty should appoint a health and safety committee. The role of the committee is to oversee and advise senior management on specific health and safety matters to ensure prioritisation and implementation of measures to manage the risks of departmental activities, whenever justified by the nature and extent of risks. In those departments where the appointment of a committee is not justified, health and safety should be a standard item on the agenda of departmental management meetings. For those institutions for whom a safety committee is not justified, the decision should be regularly reviewed in consultation with the Safety Office.

### 1. Role of Committees in management of Health and Safety – key principles to adopt

Health and safety committees play an essential role in the management of health and safety. It is essential that the committee is familiar with the Departmental health and safety management system which should include a 'Plan, Do, Check, Act' cycle of improvement (see HSE document -HSG65 for further information).



The tables below will help the committee conduct an assessment to ensure that each area of management is in place. If your department does not have systems in place for each element, the committee should set initial targets for improvement and ensure that these fundamental prerequisites be implemented.

PLAN		
Key aims	Expectation	Guidance
To determine the	Identify and seek to control health	Refer to the University Health and
Departmental health and safety policy.	and safety risks.	Safety Policy.
	Ensure compliance with legislation	Use the example workplace hazards
To plan for the	and guidance.	list to develop a risk profile for the
implementation of the		department, which should be
health and safety policy.	Create a statement of intent.	included in your arrangements
		section of your policy (see Appendix
To identify key hazards	Ensure that the policy has an	5).
and risks.	arrangements section, which sets out	
	policy and procedures for all	Use Safety Office guidance.
To set main strategic	significant risk areas. Significant risks	
health and safety	relate to meeting regulatory	Ensure the committee holds a record
objectives for the	compliance targets e.g. PSSR, LEV, in	of the roles and responsibilities for
department based on committee findings.	addition to hazards.	key health and safety stakeholders.
	Ensure that the policy sets out clear roles and responsibilities for health and safety- include what each role has to do, how it will be done, and who will do it.	Set health and safety as a permanent agenda item on all staff meetings, so as to ensure there is a means of communication for all staff members.
	Identify training needs and set key performance indicators and targets.	

DO		
Key aims	Expectation	Guidance
To ensure staff are	Ensure that the department has a	Ensure there is a means of
engaged and significant	systematic approach to risk	communication for all staff members
risks are identified.	assessment and that significant	<ul> <li>staff safety intranet site, safety</li> </ul>
	assessments are documented.	bulletin/email, and health and safety
To communicate to staff		concerns/complaint procedure.
the health and safety	Use induction training to ensure that	
requirements.	all staff, students, contractors and	Set standards for risk assessment.
	visitors are aware of their	Have standard templates for the
To ensure that significant	responsibilities.	department to use and provide
risks are assessed and	Encure that appaidints have safety	training for those who complete
recorded.	Ensure that specialists have safety training according to their role.	them. The Safety Office website has templates that can be used. Ensure
Implement the plan.	training according to their role.	that assessments are always available
implement the plan.		at the point of use.
		at the point of use.
		Ensure that a system is in place for
		the recording of training content and
		attendance.
<u>l</u>		

CHECK		
Key aims	Expectation	Guidance
To ensure departmental	The committee should have an	Inspection templates can be found on
health and safety	internal inspection programme in	the Safety Office website.
inspections are conducted	place, which is proportional to	
which focus on the implementation of the	departmental risk.	Use the sample committee agenda (see Appendix 2) to ensure that all
policy and key	Inspections include checks on the use	expected monitoring activity is
departmental risks.	of key departmental policy and procedures as set out in the	covered.
To monitor a sample of	arrangements section of the policy.	Assign committee roles responsible
risk assessments to		for monitoring and inspection.
ensure quality and	Ensure that accident/incident data is	
consistency.	collated and reported at each	Ensure that any actions are included
	committee meeting.	on the Departmental Safety Action
To monitor accident,		Plan.
incident and near miss	Conduct staff safety surveys to	
reports.	monitor safety culture and consider	
	the responses at committee.	
To monitor results of staff		
training and behaviour	Ensure that staff are available for	
change.	interview at Safety Office audits and	
	inspections.	
To take part in the University Safety Office audit program when		
requested.		

ACT		
Key aims	Expectation	Guidance
To ensure that	Ensure that following reports, suitable	Accident investigation advice can be
accident/incident/near misses are investigated,	controls have been implemented to prevent recurrence.	gained from the Safety Office.
and have been acted	•	Always contact the Safety Office for
upon.	Ensure that Safety Office	advice and guidance as necessary.
To act upon inspection	inspection/audit report actions are completed within the given target	Use the Safety Improvement Plan and
report findings.	timeframes.	Action Plan to document your
A D		progress (see Appendix 3 and 4).
To act upon Audit report findings.	Formally report committee findings to the Head of Department.	
To feedback and continually improve the	Conduct an annual safety review, which ensures that new objectives	
health and safety policy	can be set for the department.	
and procedure.	•	
To respond to and act		
upon health and safety		
complaints and concerns		
raised.		
To report to the Head of		
Department who should		
escalate major concerns to the Safety Office.		

### 2. Safety Committee Roles and Membership

The health and safety committee does not have to include a definite number of representatives but it is important that you have an accurate representation from staff across the department.

Ensure that the committee membership is reviewed each year, and includes representatives from:

- Management who have the authority to give proper consideration to views and recommendations; if possible include a representative from the most senior level of management possible to show commitment and leadership.
- Employees either appointed by a Trade Union, elected by staff, or a combination of both, who have knowledge of the work of those they represent.
- Representatives of others in the workplace such as regular contractors.
- Specialists who work in the department e.g. health and safety, radiation, biological who should be included because of their specific competencies.

#### **Roles**

Key roles include the following:

**Chairperson** - Ensure that a chairperson is appointed. Previous experience is preferable. The chairperson must have sufficient authority/standing to ensure the plan-do-check-act cycle is able to be fully implemented. A Vice Chair can also be useful to cover absence and to share committee management responsibilities.

**Departmental Safety Officer** – Ensure that a Departmental Safety Officer (DSO) is appointed, or that it is clear in a person's job description that this is part of their day-to-day role. The DSO role defaults to the Head of Institution if no-one is appointed.

**Secretary** – A secretary should be appointed to manage the schedule of meetings. This role may also include minute taking. It is recommended that meetings be held once an academic term, with an annual review meeting in summer.

All committee members have a role and must:

- Promote good practice within their work area.
- Bring to committee any significant findings from risk assessment, accident investigation and local inspections to share findings, experience and good practice for control measures/SOP.
- Ensure that the views of departmental staff are communicated effectively.
- Share knowledge gained on training and give reviews of training courses.
- Attend meetings regularly, read and review guidance.
- Participate in departmental safety inspections.

### 3. Committee Terms of Reference

Once established the committee should formulate a terms of reference (there is an example/template in Appendix 1). The terms of reference should include the membership, purpose, aims and objectives, arrangements for responsibility and documents for approval.

### 4. Safety Improvement Plan and Action Plan

The committee should set and monitor a Safety Improvement Plan for the department with the approval from the Head of Department. The Safety Improvement Plan should document the main strategy for continuous health and safety improvement, which is formulated from the committee findings and review. The objectives should be reviewed and updated at the Annual Review safety committee meeting.

Smaller targeted work to achieve these should be placed in the Safety Action Plan, which should be a standard agenda item at each committee meeting to ensure progress. Actions necessary from inspections, accident and incidents and reviews should also be included on the Safety Action Plan.

### <a href="#">Name of Department</a>> Health and Safety Committee Terms of Reference

### Purpose(s)

- 1. Ensure that the <Name of Dept./Faculty> policies, procedures and working practices with regard to health and safety meet or exceed legal and statutory obligations, with the object of promoting the safety and wellbeing of staff, students and others.
- 2. Ensure that the <Name of Dept./Faculty> policies, procedures and practices with regard to financial, HR and data protection regulations meet the statutory requirements, and are effective and appropriate to the level of identified risk.
- 3. Ensure that the department staff are accurately represented on the committee.

### Membership

The Committee Chair: <enter role/name>
The Committee Secretary: <enter role/name>
The Departmental Safety Officer <enter role/name>

Membership of the Committee will be made up of the following:

- 1. Director/senior management team member
- 2. Departmental Safety Officer
- 3. PI representative
- 4. Student/Post Grad representative
- Specialist officer e.g. Biological Safety Officer, Radiation Protection Supervisor, Laser Safety Officer
- 6. Human Resources representative
- 7. Facilities/building manager
- 8. Fire Safety Manager
- 9. Chief First Aider
- 10. Union safety representative
- 11. (ensure that you also have representatives for all key risk areas in your department)

### **Meeting Arrangements and Reporting**

The Committee shall meet once in each University Term (advised), with one additional annual meeting to review annual safety inspection and audit results.

Minutes will be made available to the Executive Committee/Senior Leadership Team and all staff via the <enter communication method>. Minutes are also copied to the Safety Office. The <Secretary (or state other role)> shall be responsible for management of the Committee papers and documentation, with oversight from the <Head of Department/Director>.

### **Committee Responsibilities**

The Committee shall:

- 1. Have responsibility for reviewing and approving the Health and Safety Policy;
- 2. Annually review the Department Health and Safety Management System and any safety- and compliance-related department documents as appropriate. This will include

- the setting and monitoring of performance targets and will document and review these targets on the Safety Improvement plan and Safety Action Plan.
- 3. Ensure that the Senior Management Team and the Executive Committee are kept informed of their safety-related responsibilities and duties and of any relevant regulatory or industry standard updates and their impacts and the department's response(s) to such changes;
- 4. Receive reports relating to any instances of:
  - (a) Accidents, Incidents and near misses, some of which may require investigation
  - (b) Non-compliance with statutory, University or departmental safety regulations and/or guidance;
  - (c) Receive and review incidences of work related ill health or wellbeing concerns.
- 5. Plan internal Health and Safety inspection program, receive and review reports from all departmental safety- and/or compliance-related inspections and audits;
- 7. Communicate its activity so as to promote an active Health and Safety Culture amongst staff and students.
- 8. Monitor the safety culture within the <Faculty/Department> through staff and student surveys and audit.
- 9. Consider any health and safety issues relating to building changes.
- 10. Ensure that following reports risk assessments and policies/procedures are reviewed so as to minimize recurrence and improve safety standards.
- 11. Ensure that findings are reported to the central University safety committees as necessary.
- 12. To review annually, and revise if necessary the membership and terms of reference of the committee.

### **Documentation for Committee Approval**

Document	Туре	Review Frequency	Next Review Date
Safety Policy	Policy	Annual	
Safety Management	Policies and	Variable	
System/Manual	Procedures		
Risk Register	Record/	Quarterly	
	Procedure		
Department EAP	Procedure	Annual	
Safety Training Register	Record	Six monthly	
Safeguarding Policy	Policy	Annual	
Business Continuity Plans	Procedure	Annual	
Fire Risk Assessments and DOFRAs	Risk	Annual	
	Assessment		
Data Protection Policy	Policy	Annual	
Data Register	Record	Six Monthly	
Accident and Incident, work	Record	Each meeting	
related ill health Record			
Risk Assessment Index	Record	Six Monthly	

Departmental Health and Safety		
Improvement plan		
Departmental Safety Action Plan		
Add/adapt as necessary for your		
department		

## <u>Safety Committee Agenda – Template</u>

<u>Date:-</u>	
Time:-	

### **Invitations Sent:-**

1.	Apologies for Absence
2.	Review of last meeting Minutes
3.	Review of Safety Action Plan and Objectives
4.	Departmental Safety Officer Report
5.	Fire Safety Manager Report
6.	First Aid Report
7.	*Specialist area reports e.g. Radiation, Biological, Chemical, Physical
8.	Internal Inspections and Audit
9.	Health and Safety Training
10.	Compliance relating to H & S e.g. HTA, PSSR, LEV
11.	Accidents and Incidents
12.	Any other business
13.	Review of Terms of Reference and date of next meetings

Safety Improvement Plan - (Name of Department)		
Description of Safety Underperformance   <enter a="" description="" nature="" of="" safety="" the="" underperformance=""></enter>		
Aim of the Safety Improvement Plan	<enter aim="" improvement="" of="" overall="" plan="" safety="" the=""></enter>	
Plan start date		
Plan end date		
Safety management area for	<enter -="" act="" check,="" do,="" plan,=""></enter>	
improvement		

Safety Improvement Objectives What has to be done to improve safety performance, include exact legal /compliance standard	Priority Enter low, medium or high	Success Criteria  How will you know when safety standards have been met?	Additional resource required What additional resource or support is needed to meet expected standard?	Review Schedule When will progress be reviewed? How will evidence be collected? Who will review progress?	Objective Outcome When will final review pf plan be undertaken and by whom? What is the final outcome? What action will be taken if expected standards are not met?
<enter 1="" improvement="" objective=""></enter>		<detail 1="" criteria="" for="" objective="" success=""></detail>	<detail 1="" achieving="" additional="" in="" objective="" required="" resource="" succeed="" the="" to=""></detail>	<detail progress<br="" when="">for objective 1 will be reviewed and by whom&gt;</detail>	<detail final<br="" the="">outcome, date for completion, the specific consequences of non- completion and action to be taken if not met&gt;</detail>
<enter 2="" improvement="" objective=""></enter>		<detail 2="" criteria="" for="" objective="" success=""></detail>	<detail 2="" achieving="" additional="" in="" objective="" required="" resource="" succeed="" the="" to=""></detail>	<detail progress<br="" when="">for objective 2 will be reviewed and by whom&gt;</detail>	<detail action="" and="" be="" completion,="" consequences="" date="" final="" for="" if="" met="" noncompletion="" not="" of="" outcome,="" specific="" taken="" the="" to=""></detail>

<->				
<->				
<->				
Overall outcome if plan objectives are achieved/ not achieved	overall outcomes/consequence nd date>	s if the Safety Improveme	nt Plan is/is not completo	ed satisfactorily by the
Departmental Safety Office Head of Department		ate		

Safety Action Plan – (Name of Department)					
Safety Issue or Hazard (as defined in Safety Improvement Plan Objectives)	Action required	Person Responsible	Date of the action to be completed	Review date	Comment
<b>High Priority</b>					
<detail objective<br="">number and hazard/issue)&gt;</detail>	<detail is="" to<br="" what="">be established and implemented&gt;</detail>	<detail and="" name="" role=""></detail>	<enter date=""></enter>	<enter date&gt;</enter 	<enter action="" actions="" complete="" taken="" to=""></enter>
B. G					
Medium priority			T .	1	
<pre><detail and="" hazard="" issue)="" number="" objective=""></detail></pre>	<pre><detail and="" be="" established="" implemented="" is="" to="" what=""></detail></pre>	<detail name<br="">and role&gt;</detail>	<enter date=""></enter>	<enter date&gt;</enter 	<enter action="" complete="" taken="" to=""></enter>
Low Priority					
<detail objective<br="">number and hazard/issue)&gt;</detail>	<detail is="" to<br="" what="">be established and implemented&gt;</detail>	<detail and="" name="" role=""></detail>	<enter date=""></enter>	<enter date&gt;</enter 	<enter action="" complete="" taken="" to=""></enter>

### <u>Appendix 5 – Workplace Hazard identification</u>

### 1. Purpose

This document provides a list of the majority of workplace hazards found in the department. The list is intended to be used to help departments identify 'hazards' or populate sections of risk matrices, risk registers etc. It can also be used as a guide for those conducting risk assessment.

#### 2. Definitions

Hazard is defined by the University as "the presence, or absence, of something that can lead to harm".

**Harm** is a broad concept that always includes injury and ill-health to people, as well as sometimes taking into account any of the following elements: damage to property, plant, products or the environment, production losses or increased liabilities. Many organisations focus only on harm-to-people, including the British Standards Institution.

### 3. Hazard categorisation

A convenient way to identify hazards is to group them into broad classes, these include:

- I. **Ergonomic hazards** repetitive or restricted/constrained movements, etc.
- II. **Psychosocial hazards –** fatigue, stressors, violence, etc.
- III. **Physical and workplace hazards –** noise, pressure, vibration etc.
- IV. Hazardous substances and materials including:
  - a. **Biological** bacteria, viruses, insects, plants, birds, animals, etc.
  - b. **Chemical** corrosives, flammables, dusts, toxins, sensitiser's etc.

### V. Radiation

- a. Ionising radiation
- b. Non-ionising radiation

A more detailed list for each of the above hazard categories is given below.

### I. Ergonomic – managing the interface between people and the working environment:

- Manual handling (lifting, carrying, pushing, pulling) assessed, reduced, controlled
- Posture hazards identified and reduced
- Use of DSE assessed
- Repetitive actions assessed
- Awkward positions identified and reduced
- Restricted space identified and assessed

### II. Psychosocial Hazards – managing mental health:

- Bullying/harassment systems in place to manage
- Fatigue systems in place to recognise and reduce
- Nuisance noise people able to raise issues, actioned where appropriate
- Violence/aggression potential hotspots (e.g. customer services) identified and managed
- Workplace stressors systems in place to identify and manage stressors

### III. Physical and Workplace Hazards

- Electrical hazards PAT protocol followed, fixed wiring inspection/testing. Consider:
  - Contact with electricity (e.g. exposed live wires)
  - Work with high voltage electricity (hazards e.g. arcing, arc flash)
- Machinery or equipment hazards (e.g. workshop machines, plant etc.) PUWER protocol followed. Consider:
  - Crush injuries (crushed by moving parts)
  - Cutting or shearing (caught on or between edges)
  - Drawing-in (pulled into)
  - Ejection (parts flying off)
  - Entanglement (e.g. clothing, caught/wrapped in)
  - Entrapment (trapped in)
  - Friction and abrasion (rubbing)
  - Impact (hit by moving parts)
  - Stabbing or puncture (pierced by)
  - Stored energy (hydraulic, pneumatic, gravity, high pressure, etc.)
  - Vibration (e.g. vibration white finger)
  - Noise Statutory thresholds followed (over 80dBA first action level, 87dBA)
- Slips / Trips / Falls Systems in place to manage. Consider:
  - Slippery Floors (spills e.g. water, diesel, chemical)
  - Trip Hazards (e.g. trailing cables)
- Work at, or falls from, height (fragile roofs, holes, ladders, scaffolding, racking)
- Temperature hazards potential for harm identified and managed (e.g. PPE). Consider:
  - Cold contact
  - Hot contact
  - Temperature exposure (heat stress, hyperthermia)
- Transport Risks:
  - Dangerous goods shipping
  - Using personal vehicle for work

- Vehicle manoeuvers (including reversing and loading)
- Other hazards (not exhaustive):
  - Fire exposed to
  - Hit by a moving, flying or falling object
  - Hit something fixed or stationary (e.g. head bangs, body bumps)
  - Needle-stick (clean, dirty)
  - Sharps (scalpels, microtomes, glass, etc.)
  - Weather considered when required (e.g. outdoor activities, overseas work/placements)

### IV. Hazardous Substances and Materials – identified and managed

### a. Biological Materials – including:

- Animals and/or animal samples (also consider animal dander, urine etc.)
- Clinical samples
- Legionella/Legionnaires' Disease
- Pathogens and Micro-organisms (including GM)
  - Hazard Group 1 (considered unlikely to cause disease)
  - Hazard Group 2
  - Hazard Group 3
  - Hazard Group 4 (N.B. the University does not permit the work with Hazard Group 4 agents)
  - Schedule 5 substances
- Storage of Hazardous biological substance stored safely, access restricted
- Transport of hazardous biological substances (on/off site) packed safely

### b. Hazardous Chemicals – including:

- Allergens
- Asbestos
- Asphyxiants (N<sub>2</sub>, CO<sub>2</sub> etc.)
- Chemical form (liquids, powders, dust, sprays as have different exposure potential)
- Carcinogen, mutagens, substances toxic to reproduction (CMSTRs)
- Controlled Substances (under Misuse of Drugs Act, Poisons Rules, Chemical Weapons Convention etc.)
- Corrosives (skin, eyes)
- Cryogenic materials
- Environmentally hazardous substances
- Flammables
- Irritants (eye, skin)
- Lead
- Mercury
- Sensitisers (skin, respiratory)
- Storage of hazardous substances (i.e. chemical storage) stored safely, access restricted
- Toxic substances (acute, reproductive, target organs)
- Transport of hazardous substances (on/off site) packed safely

#### V. Radiation

- a. Ionising radiation (N.B. compliance with safety, environmental and other regulations consultation with Radiation Protection Adviser / Radioactive Waste Adviser required for new work and significant changes to existing work):
  - Radioactive materials including unsealed (open) sources and sealed (closed) sources
  - Naturally occurring radioactive materials
  - Uranium and thorium compounds
  - X ray radiation generators including electron microscopes
  - Gamma radiation generators
  - Transport and movement of radioactive materials
  - Security of radioactive materials (categorised for sealed sources including HASS)
- **b.** Optical and electromagnetic fields (non-ionising radiation "non-trivial" sources):
  - Lasers (consultation with Laser Protection Adviser for significant new work)
  - Ultraviolet (UV) radiation
  - Broadband optical radiation sources
  - Electromagnetic fields
  - Static magnetic fields

For further info on these subjects see <a href="https://www.safety.admin.cam.ac.uk/">https://www.safety.admin.cam.ac.uk/</a>



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